

iCONN Learning Activity

Mental Health Issues for Teens

Level: High School

Task: Students must select three recent articles pertaining to teens and mental health issues. (Topic suggestions include mental depression, suicide, addictive behaviors, peer pressure, etc.) Students are responsible for summarizing and responding to the information in the articles.

Research Question: What mental health issues presently affect the lives of teens?

Content Area: Health, Learning Resources and Information Technology

State Content Standard(s):

Health:

2. Students will avoid risk-taking activities that cause intentional and unintentional injuries or diseases. Students will demonstrate basic first aid and safety techniques.
3. Students will learn accurate information about their physical development, including human sexuality and mental and emotional health. Students will avoid behaviors that result in pregnancy and sexually transmitted diseases.

Learning Resources and Information Technology:

3. Students will demonstrate a command of information skills and strategies to locate and use effectively print, nonprint, and/or electronic resources to solve problems, conduct research and pursue personal interests.
4. Students will apply evaluative criteria to the selection, interpretation, analysis, reorganization and synthesis of information from a variety of sources and formats.

iCONN Database(s): *General (InfoTrac) Onefile, InfoTrac Student Edition and/or Health and Wellness Resource Center*

Search Strategy:

1. Go to <http://www.iconn.org/>
2. If the list of databases is not already showing, click on "Select iCONN resources"
3. Open the InfoTrac Student Edition database
4. Click on Advanced Search and enter terms such as depression AND teens
5. Limit the search *to documents with full text*
6. Click *Search* (or hit ENTER)
7. Click on titles or *Full-text* to read the articles
8. Print or e-mail relevant articles by clicking on the *Print Preview* or *E-mail* links in the Tools box near the upper right hand corner of the screen.

Alternate Search Strategy:

1. Go to <http://www.iconn.org/>

2. If the list of databases is not already showing, click on “Select iCONN resources”
3. Open Health and Wellness Resource Center
4. Enter your search term (e.g., teen depression) next to Search
5. Limit the search to *Full text articles*
6. Click *Search* (or hit ENTER)
7. Click on titles in the search result to read the articles
8. Note the *Related Searches* list in the left column of the results list
9. Click on other *active (colored) tabs with black letters* to view other types of resources available on your issue (e.g., *Magazines & Journals, Drugs & Herbal Remedies, Pamphlets, Videos, News*)
10. Print or email yourself relevant articles

Adaptations for Differentiated Learning:

Search Strategy:

1. Go to <http://www.iconn.org/>
2. If the list of databases is not already showing, click on “Select iCONN resources”
3. Open *InfoTrac Junior Edition*
4. Click on *Advanced Search*
5. Type *search term(s)* in the search box
6. Click on the box labeled *Search for full text articles only*
7. Click on *Find* (or hit ENTER)
8. Click on the article’s title or *Check Out* to read articles

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